College of Education and Psychology
2019-2020 Kinesiology Degree Plan

FIRST YEAR - FRESHMAN

Fall Semester				**Spring Semester**			
BIOL	1-14	*	Life Science** *(BIOL 1114 recommended)*		---3	*	Communication** (Computer Literacy)
ENG	1113	*	Freshman Composition I		---3	*	Humanities-Western Civilization**
KIN	2122	*	Choices in Wellness		1-14	*	Phys Science** *(CHEM 1114 recommended)*
MATH	1-13	*	Math** *(MATH 1513 recommended)*	ENG	1213	*	Freshman Composition II
PSYCH	1113	*	General Psychology	PS	1113	*	United States Government
UNIV	1001	*	Freshman Seminar				

16 TOTAL HOURS   **16 TOTAL HOURS**

SECOND YEAR - SOPHOMORE

Fall Semester				**Spring Semester**			
	---4		Elective Courses (Upper Level)***		---3	*	Communication**(Speech or Language)
	---3	*	Humanities & Social Sciences**		---3		Elective Courses (Upper Level)***
HIST	24-3	*	United States History Survey**		---3	*	Humanities-Cultural/Human Diversity
KIN	1963		Introduction to Kinesiology	KIN	2273		First Aid
KIN	2413		Applied Anatomy	KIN	2713		Care & Prevention of Athletic Injuries

16 TOTAL HOURS   **15 TOTAL HOURS**

THIRD YEAR - JUNIOR

Fall Semester			**Spring Semester**		
	---4	Elective Courses (Upper Level)***		---3	Elective Courses (Upper Level)***
KIN	3353	Research and Evaluation of Kinesiology	KIN	2223	Sports Nutrition
KIN	3563	Health Promotion	KIN	2433	Theory of Coaching
KIN	3613	Motor Learning	KIN	3233	Adapted PE
KIN	3883	Legal Aspects of Kinesiology	KIN	3723	Biomechanics

16 TOTAL HOURS   **15 TOTAL HOURS**

FOURTH YEAR - SENIOR

Fall Semester			**Spring Semester**		
	---6	Elective Courses (Upper Level)***		---3	Elective Courses (Upper Level)***
KIN	3733	Physiology of Exercise	KIN	3303	Fundamentals of Sports Administration
KIN	4223	Strength and Conditioning	KIN	4153	Organization and Administration
KIN	4593	Psychology of Sports	KIN	4283	Practicum
			KIN	4623	Exercise Testing & Prescription

15 TOTAL HOURS   **15 TOTAL HOURS**

TOTAL DEGREE PLAN HOURS 124

*General Education Requirement   **See current catalog "General Education Requirements" for selection

***Electives Required (23 hours), AT LEAST 1 OF THOSE HOURS **MUST BE UPPER LEVEL**