

ECU Campus & Community RESOURCE GUIDE

This resource guide focuses on behavioral health & related services and was compiled by the ECU Campus Suicide Prevention Grant Program (GLS Grant), to help support QPR Gatekeepers following training.

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

Mental Health Crisis Emergency (YOUTH)

1-580-279-3310

Mental Health Crisis Emergency (ADULT)

1-800-522-1090

ECU Campus Police

1-580-559-5555 or 1-580-332-3875

Crisis Text Line

Text "HOME" to 741741

National Runaway Safeline

1-800-786-2929

Reach Out Hotline (Mental Health and Substance Abuse)

1-800-522-9054

Oklahoma Bureau of Narcotics Sex Trafficking Hotline

1-855-617-2288

Heartline Crisis Center (Statewide)

Dial 211

Disaster Distress Helpline

1-800-985-5990 or text "TalkWithUs" to 66746

CAMPUS RESOURCES

ECU Student Counseling Center

1-580-559-5714

Brandon Whitten Institute for Addiction and Recovery

1-580-559-5720

Health Services

1-580-559-5713

Veterans Student Support Services

1-580-559-5740

Career Development

1-580-559-5253

Testing and Accessibility Services

1-580-559-5297 or 1-580-559-5677

International Students Program

1-580-559-5669

ADDITIONAL BEHAVIORAL HEALTH RESOURCES

BEHAVIORAL HEALTH TREATMENT RESOURCES			DESCRIPTION							
NAME	PHONE	ADDRESS	Youth	Adults	Families	Outpatient	Inpatient	Substance Abuse	Mental Health	Interpersonal Violence
Addiction and Behavioral Health Center	580-332-3001	122 S. Broadway Ste 200, Ada, OK	x	x	x	x		x		
Biofeedback and Counseling	580-436-7120	2100 N. Broadway Ada, OK	x	x		x			x	
Chickasaw Nation Behavioral Health	580-421-4591	1921 Stonecipher Blvd., Ada, OK	x	x	x	x			x	
Chickasaw Nation Healthy Lifestyles	580-332-6345	3115 E. Arlington Blvd, Bdg 1, Ada,OK		x	x		x	x	x	
Chickasaw Nation Outpatient Services	580-436-1222	1300 Hoppe Blvd, Ste 6, Ada, OK	x		x	x		x	x	
Chickasaw Nation Violence Prev. Services	580-272-5580	1400 Hoppe Blvd, Ste 3, Ada, OK	x	x		x				x
The Jetty Counseling Center	580-279-1321	124 S. Broadway, Ste. 402, Ada, OK	X	X	X	X		X	X	
Mental Health Services of Southern Oklahoma	580-436-2690	111 E. 12 th St. Ada, OK	x	x	x	x		x	x	
Multi-County Counseling	580-235-0210	314 S. Broadway Ave #106, Ada,OK	x	x	x	x		x	x	
Oklahoma Families First	580-310-9000	1705 S. Craddock Ada, OK	x	x	x	x		x	x	
Pathways	580-332-6851	1201-G Arlington Ada, OK	x	x	x	x		x		
Rolling Hills	580-436-3600	1000 Rolling Hills Ln, Ada, OK	x	x	x		x	x	x	
Southeastern OK Family Services	580-235-0274	124 S. Broadway Ada, OK	X	X	X	X			X	
Unity Point Counseling Services & Resource Center (formerly Ada Youth Shelter)	580-436-6130	901 W. 18 th St. Ada, OK	x	x	x	x		x	x	
Jana J. Webb, LPC	580-559-1356	16050 CR 1565 Ada, OK 74820	X	X	X	X			X	

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

Family Crisis Center Domestic Violence 24 Hotline

1-580-436-3504

Love Is Respect

1-866-331-9474

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Oklahoma Safe Line (Domestic Violence Hotline)

1-800-522-7233

SELF-HELP RESOURCES AND GROUPS

Alcoholics Anonymous

405-842-1200

<http://www.aaoklahoma.org/>

Al-Anon Family Groups

1-888-425-2666

www.al-anon.alateen.org/local-meetings

Dual Recovery Anonymous Network

www.draonline.org

Celebrate Recovery

<http://grouplocator.crgroups.info/>

National Association of Anorexia Nervosa & Associated Disorders

1-630-577-1330 www.anad.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)

www.na.org/meetingsearch

Nar-Anon Family Groups

1-800-477-6291

www.nar-anon.org/find-a-group

White Bison

1-877-871-1495 www.whitebison.org

National Eating Disorder Association

1-800-931-2237 www.nationaleatingdisorders.org

NA Meetings for Youth (in Ada) held at Reaper Baptist Church

580-332-9233
3301 N. Broadway Ave, Ada, OK

GAY, LESBIAN, BISEXUAL, TRANSGENDER SUPPORT RESOURCES

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

ADDITIONAL SERVICE DIRECTORIES

Chickasaw Nation Services Directory

www.chickasaw.net/Services/Programs-and-Services-Directories.aspx

Oklahoma Helpline

(help with food, housing, health care, counseling, etc.)

Dial 211

Oklahoma Dept. of Mental Health and Substance Abuse Services Yellow Pages

<http://ok.gov/odmhsas/documents/CertProv11-14Web.pdf>

Oklahoma Dept. of Mental Health and Substance Abuse Services Youth & Family Services

http://ok.gov/odmhsas/Mental_Health/Children_Youth_and_Family_Services/index.html

For more information or questions about this resource manual or about the ECU Campus Suicide Prevention Grant Program (GLS Grant), please contact Grant staff via contact information below.

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