KOGNITO CONVERSATIONS THAT CHANGE LIVES

RE YOU WORRIED **OUT A FRIEND OR**

College can be stressful at times. Build the confidence to talk with a friend who may need help.

AT-RISK FOR STUDENTS

Be prepared to lead real-life conversations with fellow students in TO ACCESS THE SIMULATION: distress and connect them with

- **College or University Student** for training POV)
- 3. Launch At-Risk for Students